

Keeping Your Academic Journey on Track

Step One: Talk it Out. Have an Honest Conversation with Someone

- Set up a meeting with a faculty member you know and trust. Send them an email or starfish message.
- Contact a faculty member in your college or major.
- Make an appointment with student success experts at the [Office of First-Year Experience](#)

Step Two: Reflect and Reset

- Reflect on your Own Goals, your Mindset, and your Work Habits last Semester.
- Complete some of these [useful handouts on College Success](#)

Step Three: Use Your Resources and Get the Help You Need!

- Join us on the [Compass Curriculum Hub in Canvas](#)
- Make a plan to get more Holistic Support by checking out our [List of Student Success Resources.](#)

Tips for Life

Get Connected!

- [Join a UCCS Club](#)
- Attend [a Campus Event](#)
- Meet fellow students on [UCCS's Discord Hub](#)

Busy with a Job?

- Consider Scaling Back to Invest in your Education.
- Try [Applying for an On-Campus Job](#)
- Try [Applying for Financial Aid and Scholarships](#)

Stick up for your Time. Prioritize yourself.

- Tell people that you have school obligations.
- Communicate clearly with friends, family, and employers.
- Set a Calendar with Time for your Commitments and Stick to It!

Tips for Learning

Reach out to your [UCCS Advisor](#)

- Select Courses for next Semester
- Talk over your Long-Term Plans
- Talk with them about the [Grade Forgiveness](#) Policy

Build a Weekly Schedule and a Semester Calendar

- Set Realistic Goals.
- Build in Deadlines and Specific Work Times
- Include Regular Trips to the [Excel Centers](#) for Academic Support

Don't be Afraid to Ask for Help

- Connect with your Faculty during Office Hours or Online.
- Speak Up in Class when you are Confused or Curious!